

Hello, I'm Robyn, and welcome to the 'Path to Heart Based Power'.

There are three courses which make up the 'Path to Heart Based Power'.

- 'Activate your Intuition',
- 'Heart Healing' and
- 'Heart Based Power'.

As you experience each technique, you will feel ease in your heart, your energy strengthening, and allow your life force to grow.

In the first course, you will have activated your intuition, beginning the process of creating conversations with your higher self and soul and you will have ignited your voice, body, heart, peace, curiosity, and creativity - which together allow the self-care and self-nurturing, which is the perfect foundation in living a heart powered life.

In the second course Heart Healing, you will begin the process of letting go, clearing away burdens from the past - which have no value in your future, leaving room in your emotional body for more love. You will learn easy techniques on how to uplift how you feel, clear your energy centers, release burdens, allow light into your life, release worry and other painful emotions to the divine to take care of, and continue your practice creating more confidence in connecting with your higher self and soul.

This is the perfect foundation for 'Heart Based Power' where you now allow more ease, peace and love in your life. You will have allowed yourself a new expanded heart-powered you and feel your energy strengthening.

You will have shed toxic situations and relationships from the past, you will change beliefs to ones which make you feel good, nurture and inspire you, project love into parts of your body and outwards, strengthen the master practice muscle of 'observation'... where you're able to observe situations around you without attachment, allowing you to establish healthy boundaries.

Boundaries are needed for genuine connections with others - which is necessary for keeping your energy strengthened.

Connections with no judgments or attachments, and releasing everyone to their own higher good gives you the feeling of peace inside and is a happier way to live.

You will meet with your most radiant future five-year you - your greatest and most enthusiastic cheerleader, who will be there for you to inspire you in your path ahead. You will awaken the 'inner healer' to keep you on track in loving and looking after your body, mind and soul, because the more at peace you feel inside, the more you evoke that peace in those around you.

You will communicate with the level of soul with others, which help you resolve challenges, rather than speak with their personalities - when you know the ego is likely to get triggered, without elevating anything!

This is also a practice you can use to communicate with those who have passed away, or aren't available to make contact with you in this life.

As your life force grows, you affect the life force of those around you and you find yourself co-creating and co-collaborating with the universe, as you will remember your connection with your guides and the spiritual support you have around you.

Your light and love will be expanded out into the earth, the universe and all beings, connecting with the 'oneness', as we humans all have souls and each soul plays a part in the multi-dimensionality which exists beyond our human understanding.

When you enroll in the 'Path to Heart Based Power' you'll also receive, as a bonus, the course which follows called 'Conscious Light - healing energy program for the beginner'. If this feels like a journey you would love, there is support along the way with private Facebook groups and we so welcome you to our tribe.

It is my intention, as ever, that your heart allow more fully the feelings of ease, peace, love, and freedom, and I send you all my love.

Robyn

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Link to the three courses which make up the **'Path to Heart Based Power'**

<https://robynegibson.com/course/heart-based-power/>